



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan
 School Year: 2021-2022

School Name & Location Number:	Twin Lakes Elementary 5601
Principal:	Ivette Bernal-Pino
Phone Number:	305-822-0770
School Wellness/Healthy School Team Leader:	Ileana Robles
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Barbara Sedeno-Cafeteria Frank Santirzo-student Sophia Gonzalez-student Jesse Lopez-nurse Ray Vento-PE Ileana Robles-AP Lilian Clero - parent/volunteer
Committee Meeting Dates:	Wellness Committee-1/4/2022, EESAC-2/2022, Faculty Meeting-1/2022
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	Nutrition *Promote the free breakfast and good eating habits especially as testing approaches *Provide healthy meals and snacks daily to students, faculty and staff through the cafeteria Physical Education *Fitnessgram testing

	<p>Physical Activity *Cardio</p> <p>Health and Nutrition Literacy *Implementing a garden to table program *Bring awareness to the nutritional value of the school garden by putting more on our social media sites</p> <p>Preventive Healthcare *Wellway Wellness Program</p>
Community Engagement:	*Sending home harvested school garden produce
Monitoring and Evaluation:	<p>*Committee Meeting sign-in sheets *Designated teacher responsible for monitoring and distributing harvested school garden produce *Start the EESAC and social media advertisements earlier in the following school year *Have more organized meeting agendas and set times for the following year</p>
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<p>*Afterschool activities: *Garden Club:</p>